

ROLE PROFILE

Lived, Learned and Professional (LLP) Advisory Group Member

Supporting Change - Carers Programme

Purpose of the role

The purpose of this role is to bring lived, learned and/or professional experience of unpaid care to inform the development, delivery and learning of The National Lottery Community Fund's Supporting Change - Carers programme in Scotland. [You can read more about this programme on our website.](#)

The programme aims to improve the health of unpaid carers by supporting work that:

- reduces unfair and avoidable differences in health outcomes for unpaid carers (health inequalities); and
- addresses the root causes of long-term challenges, not just symptoms, through systems change.

Advisory Group Members will provide independent advice, insight and challenge to help ensure the programme is meeting these aims and fund projects that will:

- support carers during changes in their role,
- make it easier to identify and support carers
- improve support for carers who face additional barriers
- change how care is understood and valued

Membership of the Advisory Group is an **advisory arrangement only**. Members are not employees, workers or agents of The National Lottery Community Fund and do not hold delegated authority for funding or other formal decisions.

About the Advisory Group

The LLP Advisory Group is a non-decision-making, time-limited advisory group established by the Scotland Committee to support the delivery of the Supporting Change - Carers programme.

The group will operate from August 2026 until March 2028 and will support the programme by ensuring that lived, learned, and professional perspectives are meaningfully reflected in programme learning, priorities and governance discussions.

Membership of the Advisory Group is an advisory arrangement only. Members of the group will not be employees, workers, or agents of The National Lottery Community Fund.

Term of appointment

- Appointments are made for a fixed term, running until March 2028
- There is no expectation of ongoing involvement beyond this period
- The Advisory Group will be reviewed before the end of the term

Key responsibilities

As an Advisory Group Member, you will be expected to:

- Share insights from your lived, learned and/or professional experience of unpaid care to inform how the programme addresses health inequalities through systems change
- Provide advice on whether proposed and funded projects are responding to the root causes of poor health outcomes for unpaid carers, not only immediate needs
- Contribute perspectives on how systems (such as health, social care, employment, education or welfare) can better:
 - support carers during changes in their caring role
 - identify carers earlier and link them to appropriate support

- reduce barriers faced by carers who experience additional disadvantage
- Reflect on how funded work may help shift attitudes, practices or policies so that unpaid care is better recognised, valued and supported
- Offer insight on themes emerging from enquiries, applications and funded activity, including opportunities for lasting systems change
- Participate in Advisory Group discussions through agreed engagement channels, including a private Microsoft Teams space
- Uphold principles of respect, inclusion and constructive challenge within the group

Time commitment

- The role is designed to be flexible and proportionate
- Primary engagement will take place through a private Microsoft Teams chat space, where members may contribute at their convenience
- Members may be invited to attend short online meetings, held at different points during the programme cycle, to explore key issues in more depth
- There is no requirement to attend all engagement opportunities, and participation is voluntary

Remuneration and support

- Members will be remunerated in line with The National Lottery Community Fund's Stakeholder Compensation Policy
- Payment is provided on a per-activity basis to recognise time and expertise
- Participation does not constitute employment or create an employment-type relationship
- Support is available to reduce barriers to participation, including:
 - Replacement care costs
 - Reasonable adjustments
 - Accessible materials and flexible engagement options

Who we are looking for

We are seeking individuals with relevant experience of unpaid care, which may include:

- Lived experience as an unpaid carer
- Learned experience gained through advocacy, community leadership or research
- Professional experience working alongside unpaid carers or carer-led organisations

We are particularly interested in people with insight or experience related to one or more of the programme's priority areas, including:

- Supporting carers during transitions or significant changes in their caring role
- Improving how carers are identified and supported by systems and services
- Addressing barriers faced by carers who experience additional disadvantage
- Changing how unpaid care is recognised, valued and responded to within systems, policies or communities

We welcome applications from people with diverse backgrounds and perspectives, including those who are under-represented in formal governance settings. This includes, but is not limited to, people with experience of unpaid care who are:

- LGBTQ+
- Living in rural or remote areas
- Disabled
- Caring for someone with an addiction
- Older
- From ethnic minority backgrounds
- Young carers

You do not need experience in all of these areas. We are seeking a mix of perspectives and experiences across the Advisory Group.

Skills and experience

You do not need previous board or committee experience. We are interested in applicants who can demonstrate:

- An understanding of factors that shape unpaid carers' health and wellbeing, including structural or systemic influences
- Ability to reflect on experience and identify underlying causes of inequality, not just individual circumstances
- Interest in contributing to conversations about systems change and long-term improvement
- Confidence to share insight, ask questions and offer constructive challenge
- Ability to engage respectfully with diverse perspectives and experiences